

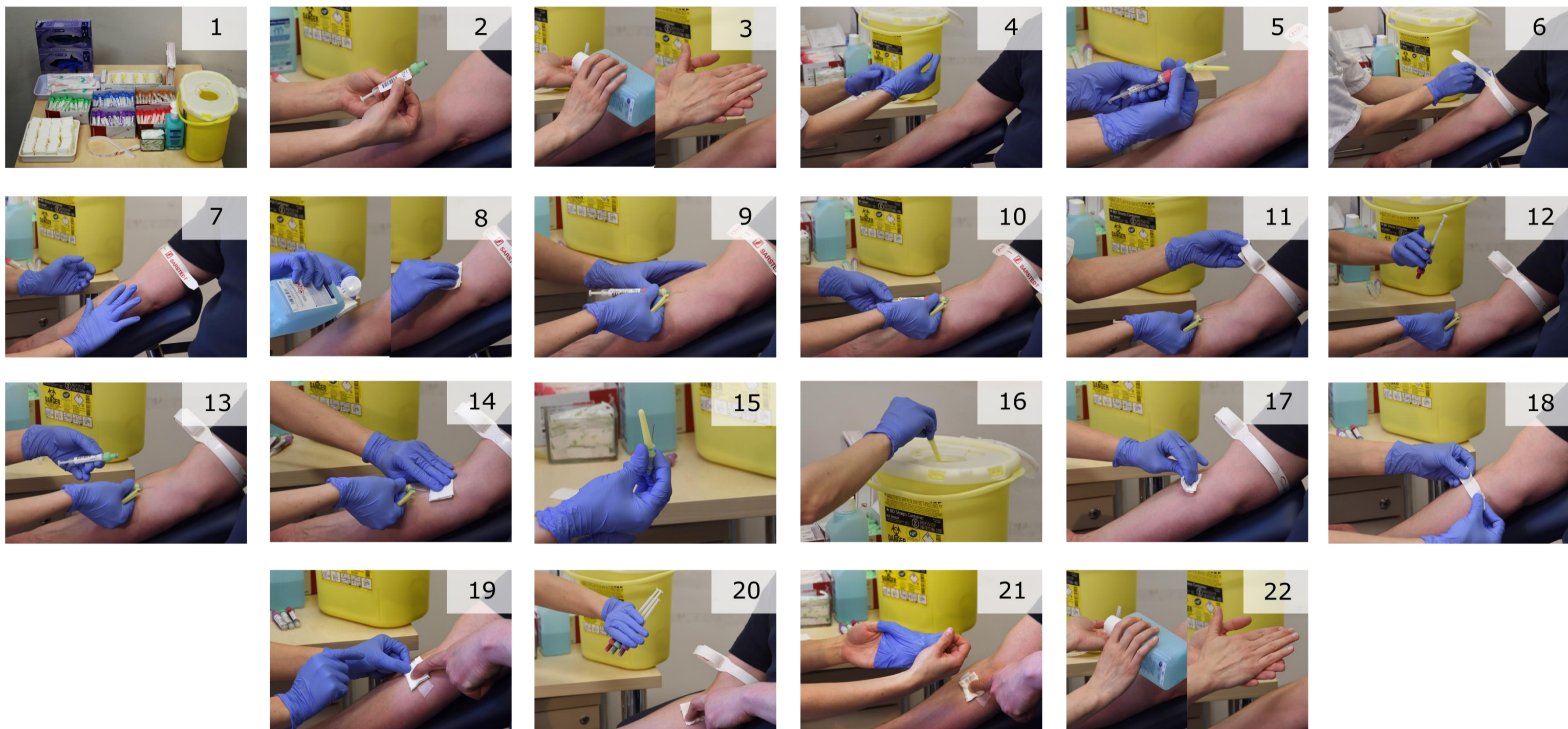
RECOMMENDATION FOR VENOUS BLOOD SAMPLING

provided by the
EFLM Working Group: Preanalytical Phase (WG-PRE)

PRE-SAMPLING

Patient position should be unchanged for 15 minutes.
Positively identify the patient.
Verify patient is fasting and properly prepared.

SAMPLING (Aspiration System)



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| <ol style="list-style-type: none"> 1 Ensure appropriate conditions and supplies required for phlebotomy 2 Label and/or identify tubes 3 Clean hands in front of the patient 4 Put on gloves 5 Assemble appliances 6 Apply tourniquet 7 Select venepuncture site 8 Clean sampling site 9 Puncture the vein 10 Draw first tube 11 Release the tourniquet as soon as the blood flows into the first tube | <ol style="list-style-type: none"> 12 Gently invert the tubes 1 time immediately after collection 13 Draw additional tubes following order of draw 14 Remove needle from the vein 15 Activate safety mechanism 16 Dispose of the needle 17 Ensure the bleeding has topped 18 Treat the puncture wound 19 Tell a patient to apply a pressure on the wound 20 Invert all tubes 4 times 21 Remove gloves 22 Clean hands |
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POST-SAMPLING

Advise patient to rest for 5 minutes and wait until the bleeding has stopped before leaving the blood collection facility.