

## ASSOCIATION BETWEEN OXIDATIVE STRESS AND MELANOMA PROGRESSION

### ODNOS OKSIDATIVNOG STRESA I STADIJUMA MELANOMA

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#### Summary

**Background:** Overproduction of free radicals accompanied with their insufficient removal/neutralization by antioxidative defense system impairs redox hemostasis in living organisms. Oxidative stress has been shown to be involved in all the stages of carcinogenesis and malignant melanocyte transformation. The aim of this study was to examine association between oxidative stress development and different stages of melanoma.

**Methods:** The measured oxidative stress parameters included: superoxide anion radical, total and manganese superoxide dismutase, catalase and malondialdehyde. Oxidative stress parameters were measured spectrophotometrically in serum samples from melanoma patients (n=72) and healthy control subjects (n=30). Patients were classified according to AJCC clinical stage.

**Results:** Average superoxide anion and malondialdehyde concentrations were significantly higher in melanoma patients than in control group, with the highest value of superoxide anion in stage III, while malondialdehyde highest value was in stage IV. The activity of total and manganese superoxide dismutase was insignificantly higher in melanoma patients than in control group, while catalase activity was significantly higher. The highest activity of total

#### Kratak sadržaj

**Uvod:** Prekomerna produkcija slobodnih radikala i njihova nedovoljna eliminacija/neutralizacija putem sistema antioksidativne odbrane, narušava redoks homeostazu u organizmu. Oksidativni stres je uključen u sve faze razvoja karcinoma i maligne transformacije melanocita. Cilj ove studije bio je da se ispita razvoj oksidativnog stresa u različitim stadijumima melanoma.

**Metode:** Parametri za procenu oksidativnog stresa su: superoksil anjon radikal, ukupna i mangan superoksidna dizmutaza, katalaza i malondialdehid. Parametri oksidativnog stresa su mereni metodom spektrofotometrije u serumu bolesnika sa melanomom (n=72) i zdravih kontrolnih osoba (n=30). Bolesnici su klasifikovani prema AJCC kriterijumu.

**Rezultati:** Prosečne koncentracije superoksil anjon radikala i malonaldehida bile su značajno veće kod bolesnika sa melanomom u odnosu na kontrolnu grupu, najveća vrednost superoksil anjon radikala bila je u III stadijumu, a malondialdehida u IV stadijumu. Aktivnost ukupne i mangan superoksidne dizmutaze bila je neznačajno povećana kod obolelih od melanoma u odnosu na kontrolnu grupu, dok je aktivnost katalaze bila statistički značajno veća. Najveća aktivnost ukupne superoksidne dizmutaze bila je u III stadijumu, a mangan superoksidne dizmutaze u IV sta-

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List of abbreviations: ADS, antioxidative defense system; AJCC, American Joint Committee on Cancer; C, control group; CAT, catalase; FRs, free radicals; LPO, lipid peroxidation; MDA, malondialdehyde; Mn-SOD, manganese superoxide dismutase; NBT, nitroblue-tetrazolium; NF- $\kappa$ B, nuclear factor kappa B; O<sub>2</sub><sup>•-</sup>, superoxide anion radical; OS, oxidative stress; PUFA, poly unsaturated fatty acids; ROS, reactive oxygen species; rpm, revolutions per minute; TMP, total melanoma patients; tSOD, total superoxide dismutase; WHO, World Health Organization.

superoxide dismutase was in stage III, while the highest activity of manganese superoxide dismutase was in stage IV. Catalase activity was increasing with the disease progression achieving the maximum in stage III.

**Conclusions:** Results of our study suggest that melanoma is oxidative stress associated disease, as well as deteriorated cell functioning at mitochondrial level.

**Keywords:** antioxidants, free radicals, melanoma, oxidative stress

## Introduction

World Health Organization classified melanoma into four common types: superficial spreading, nodular, lentigo maligna and acral lentiginous; and six less frequent (1). Although melanoma accounts for only 4% of all skin cancers, it causes the greatest number of skin cancer related deaths worldwide (2). It also affects other extra-cutaneous pigment-containing sites including eyes, meninges, esophagus and mucous membranes. Cutaneous melanoma is the most common and aggressive subtypes of melanoma, arising from malignant transformation of epidermal melanocytes (3), while mucosal melanoma arising from mucous membranes melanocytes and uveal melanoma from ocular stroma melanocytes (4). Melanoma is characterized by high invasion and metastasis capacity and remarkable genotypic and phenotypic heterogeneity (5). It is located mostly on the back of male and legs of female. Melanoma usually affects Caucasian in the fourth life decade. Men found to be more vulnerable to melanoma than women (6). Melanoma risk factors include pale skin, blond or red hair, numerous freckles and tendency to burn and tan poorly (7, 8), existence of more than 50 acquired naevi (9) or 5 dysplastic naevi, large congenital nevi (10), chemical exposures, immunosuppression, genetic factors, scars etc.

Malignant melanocyte transformation has been recognized to be associated with oxidative stress (OS) (11). Redox homeostasis impairment in living organisms is consequence of free radicals (FRs) overproduction and/or insufficient antioxidative defense. Oxidative injuries of biomolecules (including DNA, proteins and lipids) disrupt cell's signalization, devastate reduction equivalent cell sources and energy and usually culminate with cell death (apoptosis). Noteworthy, changed cell signalization can trigger disease development.

Cell mitochondrial respiratory chain, inflammatory responses and oxidative metabolism of endogenous as well as exogenous compounds are the major sources of FRs generation in humans. Reactive oxygen/nitrogen/thiyl species (ROS/RNS/RSS) have been shown to be involved in all three stages of carcinogenesis (initiation-promotion-progression) (12–14). Extensive DNA damage induced by FRs can lead to mutation, alteration of phenotypic expression and

dijumu. Aktivnost katalaze je rasla sa napredovanjem bolesti i dostigla maksimum u III stadijumu.

**Zaključak:** Rezultati naše studije ukazuju na povezanost melanoma i oksidativnog stresa, kao i na pogoršanu funkciju ćelija na nivou mitohondrija.

**Ključne reči:** antioksidansi, melanom, oksidativni stres, slobodni radikali

cell death. Antioxidative defense system (ADS), composed of antioxidative enzymes and antioxidants, prevents biomolecules oxidative injury through FRs sequestration and reparation of already oxidatively damaged cell constituents (12, 13).

American Joint Committee on Cancer (AJCC) set up four melanoma stages based on the status of tumor thickness/size, ulceration, mitotic rate, presence of micrometastasis, tumor positive lymph nodes and distant metastasis (15).

Herein, we studied the association between OS development and melanoma stages by measuring OS parameters, including: superoxide anion radical ( $O_2^{\bullet-}$ ), total and mitochondrial superoxide dismutase (tSOD, Mn-SOD) and catalase (CAT) activities and lipid peroxidation (LPO) by measuring malondialdehyde (MDA).

## Materials and Methods

Consented melanoma patients were recruited from the Clinic for Dermatology and Venereology and Melanoma Center of the Military Medical Academy, Belgrade, Serbia, while healthy controls referred to healthy persons (with no prior history of cancer) on periodical systematic examinations. The study was approved by the local Research Ethics Committee, Military Medical Academy (11-03/2014).

According to the 7th edition of AJCC there are four melanoma stages: IA stage- tumors not thicker than 1.0 mm, not ulcerated, and have a mitotic rate  $<1$  mitosis/ $mm^2$ ; stage IB- tumors are  $>1.0$  mm and either have at least 1 mitosis/ $mm^2$  or evidence of tumor ulceration; stage IIA-ulcerated, 1.01–2.0 mm sized tumors or no ulcerated, 2.01–4.0 mm sized tumors; stage IIB-ulcerated, 2.01–4.0 mm sized tumors or no ulcerated, thicker than 4.0 mm; stage IIC-ulcerated, thicker than 4.0 mm; stage III- isolated tumor cells or tumor deposits  $>0.1$  mm (micrometastasis, tumor positive lymph nodes) detected histopathologically or immunohistochemically; stage IV-melanomas with distant metastasis (15).

Herein, 72 melanoma patients (33 men and 39 women, mean age  $54.72 \pm 16.50$ ; total melanoma patients – TMP group) were classified into three stages: initial (joined patients with IA, IB, IIA, IIB, and

IIC stages), middle (III melanoma stage) and final (IV melanoma stage), according to the 7th edition of AJCC melanoma classification (15). Thirty healthy controls (15 men and 15 women, mean age  $50.10 \pm 25.20$ ) were recruited as control group – C group.

#### *Samples*

Venous blood from healthy controls and melanoma patients was collected in vacuettes with clot activator. After isolation (centrifugation at 3000 rpm for 10 minutes) serum samples were frozen at  $-70\text{ }^{\circ}\text{C}$ , until testing. The activity of CAT, tSOD and Mn-SOD and levels of  $\text{O}_2^{\bullet-}$  and MDA were analyzed.

#### *Determination of $\text{O}_2^{\bullet-}$*

Superoxide anion was determined by the reduction of nitroblue-tetrazolium (NBT) in alkaline nitrogen saturated medium (16). Kinetic analysis was performed at 550 nm on Ultrospec 2000 spectrophotometer. The results were expressed as  $\mu\text{mol red NBT}/\text{min}/\text{L}$ .

#### *Determination of t-SOD*

Superoxide dismutase (EC 1.15.1.1.; SOD) activity was measured spectrophotometrically as the inhibition of epinephrine spontaneous auto-oxidation at 480 nm (17). The kinetics of sample enzyme activity was followed in a carbonate buffer (50 mmol/L, pH 10.2) containing 0.1 mmol/L EDTA after the addition of 10 mmol/L epinephrine, on Ultrospec 2000 spectrophotometer. Data were expressed as U/mL.

#### *Determination of Mn-SOD*

Activity of Mn-SOD was measured at the same way as t-SOD (17) with the modification in sample amount and proceeded incubation with  $25\ \mu\text{L}$  of KCN (8 mmol/L) (to block Cu/Zn-SOD) for 20 min, on the room temperature.

#### *Determination of CAT*

Catalase (EC 1.11.1.6) activity was determined spectrophotometrically by using ammonium molybdate to produce yellow complex with  $\text{H}_2\text{O}_2$  (18). Kinetic analysis was performed at 405 nm on Ultrospec 2000 spectrophotometer. CAT activity was defined as  $\mu\text{mol H}_2\text{O}_2$  reduced per minute ( $\mu\text{mol H}_2\text{O}_2/\text{min}$ ). Data were expressed as kU/L.

#### *Determination of lipid peroxidation*

Serum MDA level was measured by thiobarbituric acid reactive substances (TBARS) assay, as

described by Girotti et al. (19). Two molecules of TBARS reagent (15% trichloroacetic acid + 0.375% thiobarbituric acid + 0.25 mol/L HCl) react with MDA, forming complex with absorbance measurable at 531 nm. The results were expressed as  $\mu\text{mol}/\text{L}$ .

#### *Statistical analysis*

Kolmogorov-Smirnov normality test followed by nonparametric one-way ANOVA (for multiple groups analysis) and Mann-Whitney (two groups analysis) tests were used in statistical data analysis. Spearman's test was used to test correlation between OS parameters across melanoma stages. Statistically significant differences were considered at  $p < 0.05$ . The values are expressed as means with standard error mean (SEM), since data did not follow Gaus distribution and standard deviation can not be used. Graph Pad Prism 5 software was used for data analysis. Power analysis and sample size were obtained using GPower statistical analysis program. It was calculated that total sample size is 66, based on effect size 0.4,  $\alpha = 0.05$  (type 1 error probability), power analysis 0.8 and three groups.

## **Results**

#### *Superoxide anion in melanoma patients*

The highest  $\text{O}_2^{\bullet-}$  was measured in group III, though elevated values were documented in all groups: TMP ( $p < 0.0001$ ), I+II ( $p < 0.0001$ ), III ( $p < 0.0001$ ) and IV ( $p = 0.0005$ ) compared to C group (Figure 1). No significant differences were found across the groups.

#### *Total superoxide dismutase activity in melanoma patients*

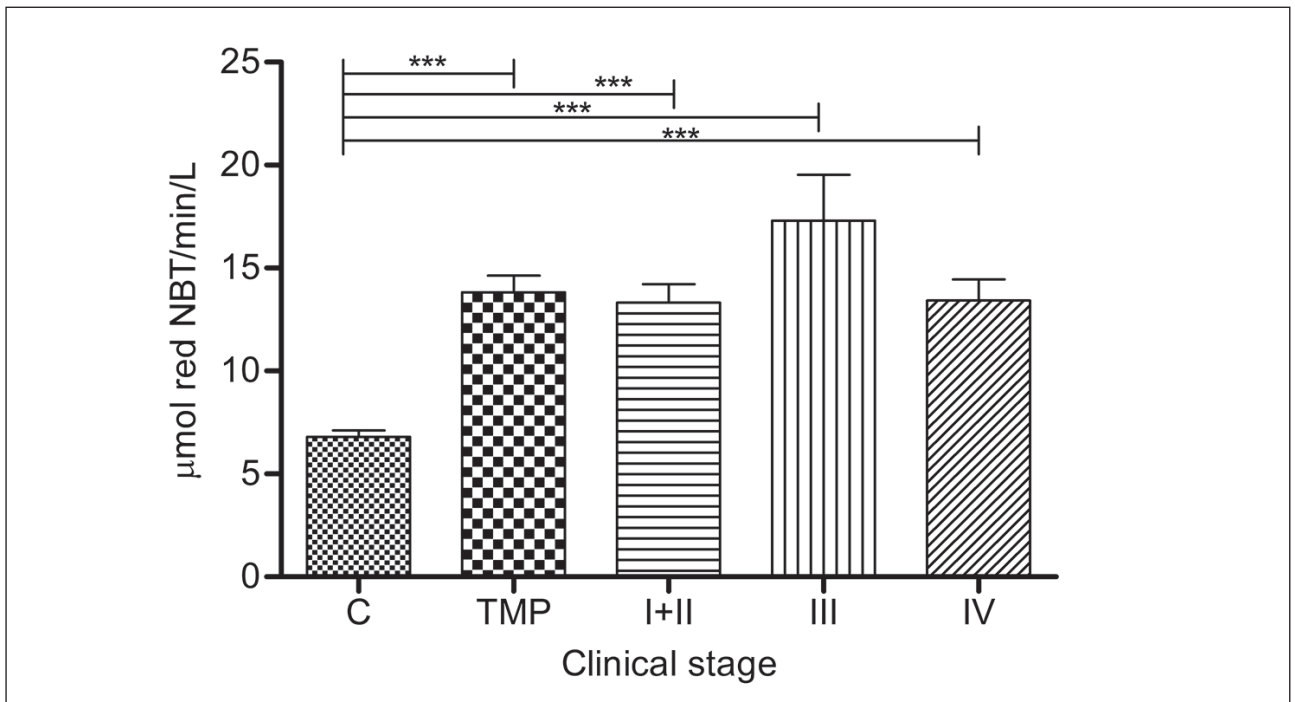
Total SOD activity was significantly high only in III group compared to C group ( $p = 0.0322$ ) (Figure 2).

#### *Manganese superoxide dismutase activity in serum of melanoma patients*

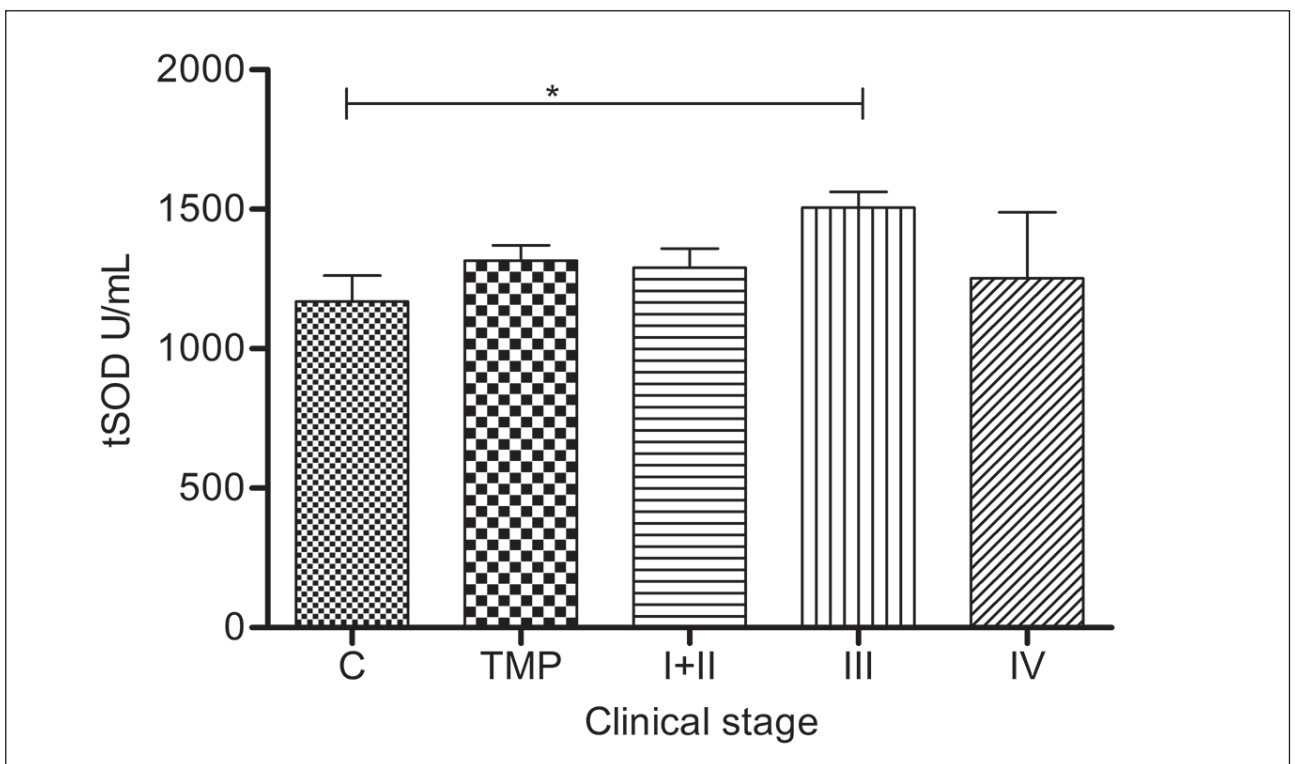
In group IV, Mn-SOD accomplished significantly higher activity than in all other groups: I+II ( $p = 0.0086$ ), III ( $p = 0.0201$ ) and C group ( $p = 0.0038$ ) (Figure 3). Mn-SOD activity showed a clear increment with the disease progression.

#### *Catalase activity in melanoma patients*

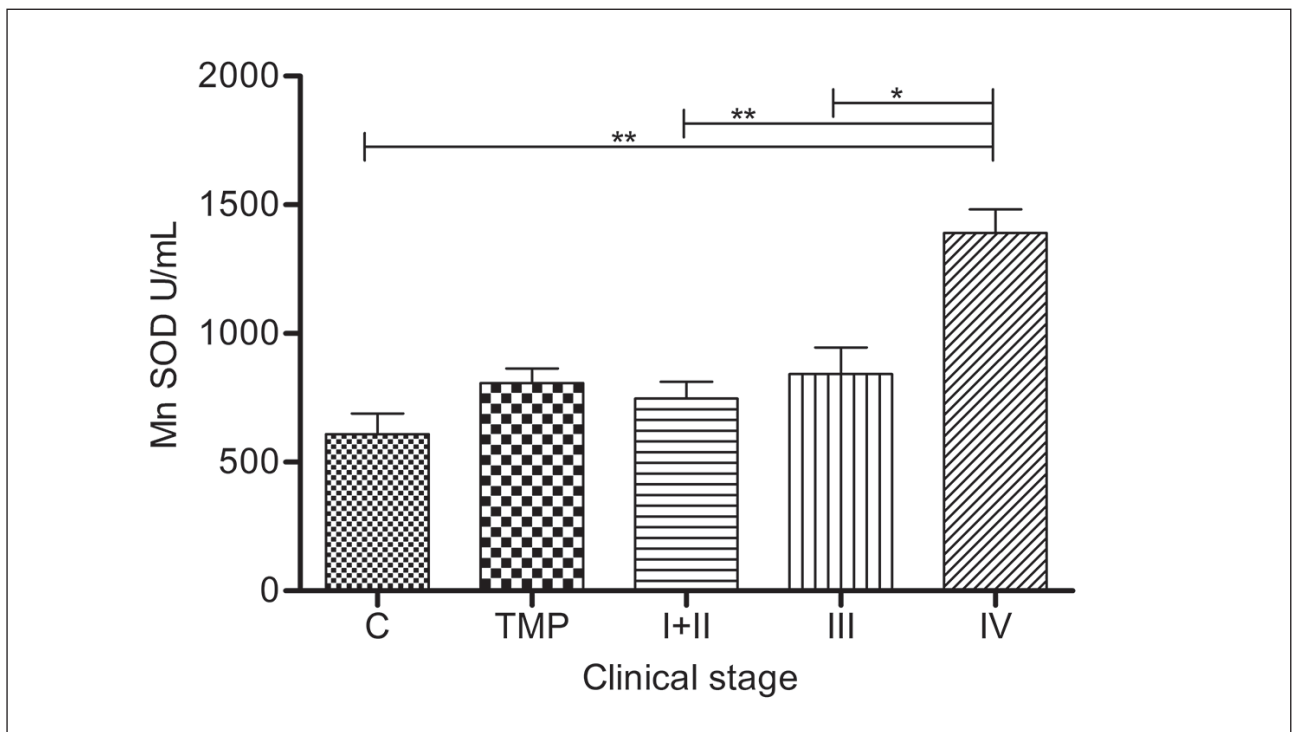
Catalase activities in groups: TMP ( $p = 0.0081$ ), I+II ( $p = 0.0269$ ) and III ( $p = 0.0018$ ) were significantly higher than in C group (Figure 4). The highest CAT activity was in group III.



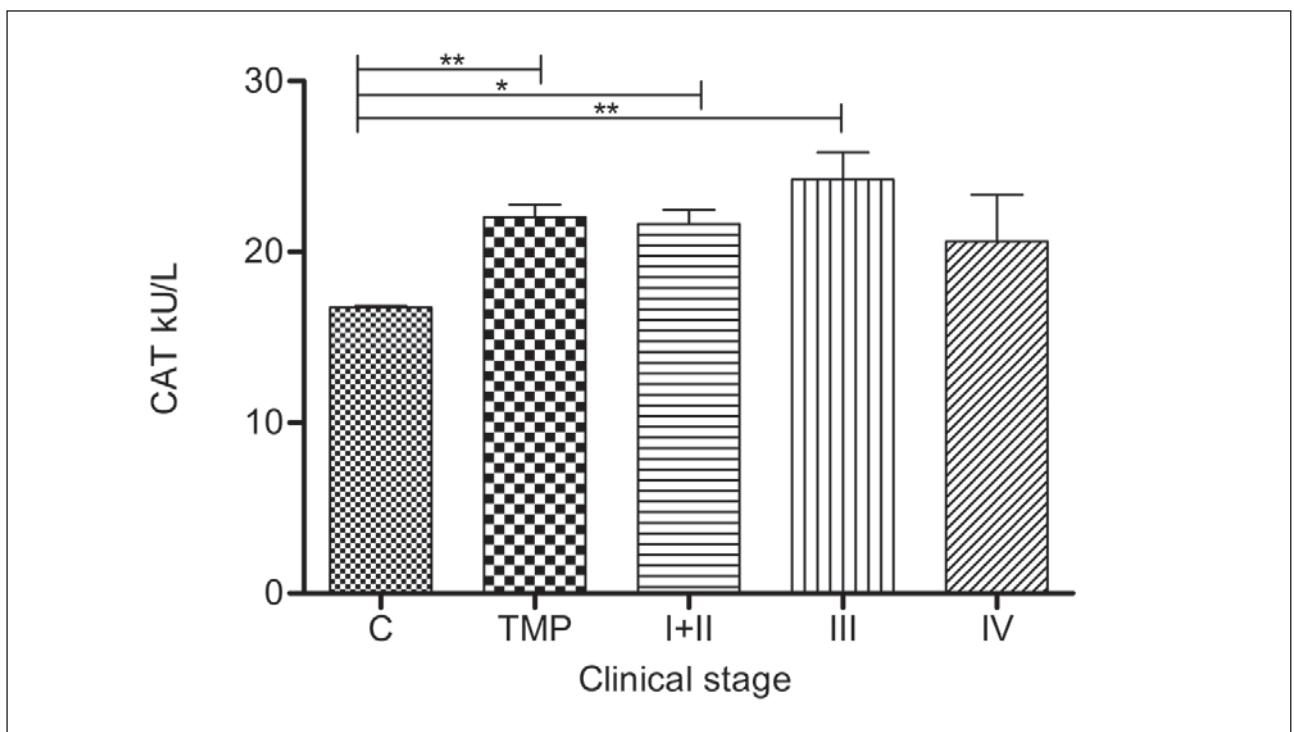
**Figure 1** Superoxide anion radical in serum of melanoma patients: Serum  $O_2^{\cdot-}$  levels (expressed as  $\mu\text{mol red NBT/min/L}$ ) are presented as average (SEM). Statistically significant differences were considered at  $p < 0.05$ . Labeling: \*\*\* $p < 0.001$ . Melanoma patients' groups (according to AJCC): I+II (n=53), III (n=14) and IV (n=5). TMP- total melanoma patients (n=72), C-controls (n=30), NBT- nitroblue tetrazolium



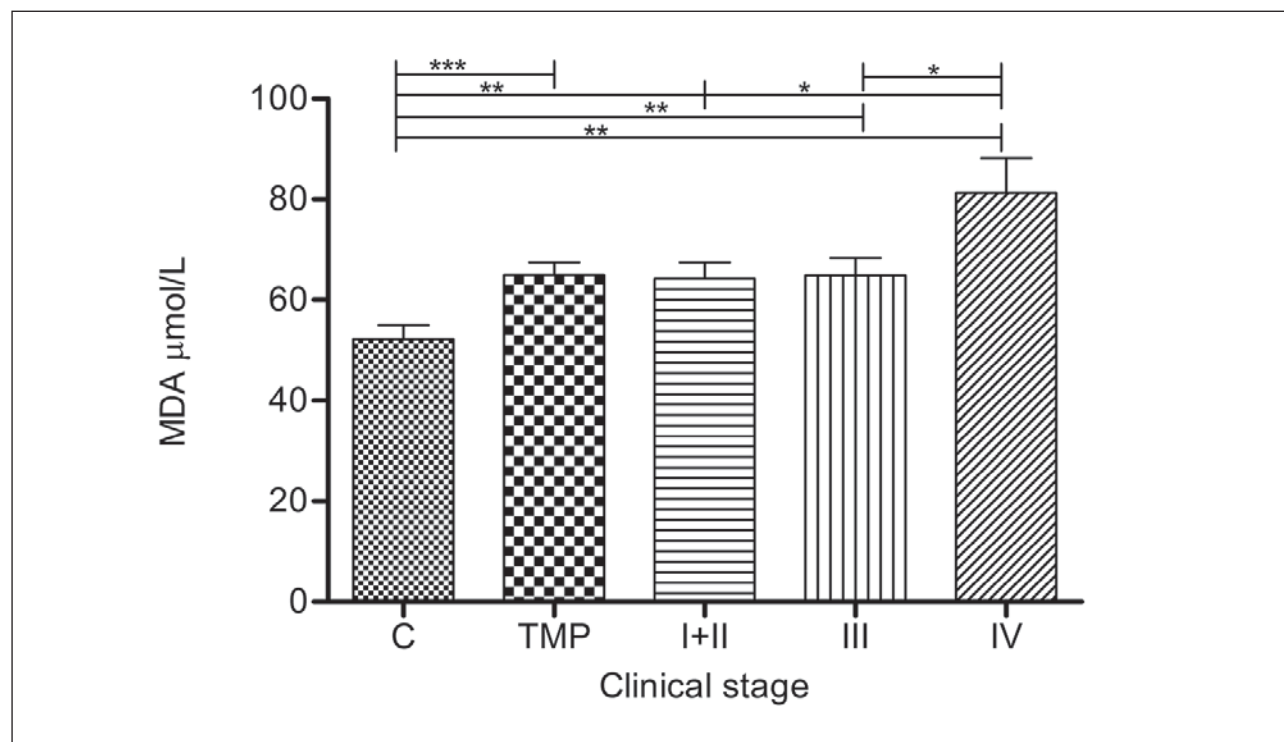
**Figure 2** Total superoxide dismutase activity in serum of melanoma patients: Serum tSOD (sum of Cu/Zn-SOD and Mn-SOD) (U/mL) is presented as average (SEM). Statistically significant differences were considered at  $p < 0.05$ , labeled as \*. Melanoma patients' groups (according to AJCC): I+II (n=53), III (n=14), IV (n=5). TMP- total melanoma patients (n=72) and C-controls (n=30)



**Figure 3** Manganese superoxide dismutase activity in serum of melanoma patients: Serum Mn-SOD (U/mL) is presented as average (SEM). Statistically significant differences were considered at  $p < 0.05$ . Labeling: \* $p < 0.05$ , \*\* $p < 0.01$ . Melanoma patients' groups (according to AJCC): I+II (n=46), III (n=13), IV (n=4). TMP- total melanoma patients (n=63) and C-controls (n=21)



**Figure 4** Catalase activity in serum of melanoma patients: Serum CAT (kU/L) is presented as average (SEM). Statistically significant differences were considered at  $p < 0.05$ . Labeling: \* $p < 0.05$ , \*\* $p < 0.01$ . Melanoma patients' groups (according to AJCC): I+ II (n=53), III (n=14) and IV (n=5). TMP- total melanoma patients (n=72) and C-controls (n=30)



**Figure 5** Lipid peroxidation in serum of melanoma patients: Lipid peroxidation (µmol MDA/L) is presented as average (SEM). Statistically significant differences were considered at  $p < 0.05$ . Labeling: \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ . Melanoma patients' groups (according to AJCC): I+II (n=53), III (n=14) and IV (n=5). TMP- total melanoma patients (n=72) and C-controls (n=30).

**Table I** Correlation between OS parameters in early melanoma stage.

Correlations: I+II stage						
		$O_2^{\bullet-}$	MDA	CAT	t-SOD	Mn-SOD
$O_2^{\bullet-}$	r	1.000	0.177	-0.491**	-0.359**	-0.292*
	p	-	0.206	0.000	0.008	0.049
	N	53	53	53	53	46
MDA	r	0.177	1.000	-0.134	0.037	0.044
	p	0.206	-	0.338	0.792	0.772
	N	53	53	53	53	46
CAT	r	-0.491**	-0.134	1.000	0.570**	0.366*
	p	0.000	0.338	-	0.000	0.012
	N	53	53	53	53	46
t-SOD	r	-0.359**	0.037	0.570**	1.000	0.393**
	p	0.008	0.792	0.000	-	0.007
	N	53	53	53	53	46
Mn-SOD	r	-0.292*	0.044	0.366*	0.393**	1.000
	p	0.049	0.772	0.012	0.007	-
	N	46	46	46	46	46

Spearman's correlation was used to test OS parameters association with melanoma stage. Two tailed test Spearman's correlation was performed. Labeling: number of patients – N; Correlation coefficient – r; Statistical significance – p (\* $p < 0.05$ , \*\* $p < 0.01$ )

### Malondialdehyde values in melanoma patients

Lipid peroxidation, expressed as a MDA, was significantly elevated in TMP ( $p=0.0008$ ), I+II ( $p=0.0058$ ), III ( $p=0.0050$ ) and IV ( $p=0.0033$ ) compared to controls (Figure 5). Patients in group IV had significantly higher MDA than in group I+II ( $p=0.0282$ ) and III ( $p=0.0299$ ). The highest MDA was in group IV.

### Correlations between parameters of OS

Negative correlation between  $O_2^{\bullet-}$  and CAT,  $O_2^{\bullet-}$  and tSOD,  $O_2^{\bullet-}$  and Mn-SOD; and positive between CAT and tSOD, CAT and Mn-SOD, tSOD and Mn-SOD were obtained in early stage of disease (I+II) (Table 1), while no correlation was obtained in the middle and later stages (III+IV).

## Discussion

Cutaneous malignant melanoma develops in three different stages, from radial to vertical growth phases and metastatic disease. Clinically, radial growth phase presents as patches or plaques, this is an early melanoma stage (stage I+II, according to the AJCC). Melanoma cells show radial spread, usually confined to the intra-epidermal compartment, while melanoma's mitosis are frequently seen in the epidermis but rarely in the dermis (20). Vertical growth phase of melanoma refers to gray-black, blue-black or even amelanotic nodules and is classified as an early and/or a late stage (stage III, according to the AJCC). In an early stage, a small papulonodule arises in a radial growth phase lesion and is usually darker than radial growth phase associated lesions, whereas in a late or developed vertical may be present and tumor aggregates may extend into the reticular dermis or even subcutaneous fat (20). The terminal phase of melanoma progression assumes distant metastasis expansion (stage IV, according to the AJCC).

Positive association between OS and clinical stages of melanoma progression is confirmed by our study. Oxidative stress-associated diseases, including melanoma, underline cross-reactions between overproduced FRs and immune responses, in humans (21–25). Regulatory mechanisms of OS on tumor growth and progression comprise genomic instability, oncogene activation and angiogenesis (26). It was shown that ROS alter proto-oncogene B-Raf that encodes B-Raf protein (BRAF), a known activator of mitogen-activated protein kinase (MAPK) pathways and suppress apoptosis (27). High ROS levels inactivate p53 (tumor suppressor gene and regulator of apoptosis) which leads to inhibition of apoptosis (28). Also, ROS can directly activate MAPK pathways leading to aberrant activation of nuclear factor-kappa B (NF- $\kappa$ B), which in turn induces expression of proto-

oncogenes such as c-fos, c-jun and c-myc, that leads to cell proliferation and blocking of apoptosis (29, 30). Notable, ROS promote many aspects of tumor development and progression including: (a) cellular proliferation e.g. extracellular-regulated kinase 1/2 (ERK1/2) activation; (b) evasion of apoptosis e.g. Src, NF- $\kappa$ B and phosphatidylinositol-3 kinase (PI3K)/Akt activation; (c) tissue invasion and metastasis e.g. metalloproteinase (MMP) secretion into the extracellular matrix (ECM); and (d) angiogenesis e.g. release of vascular endothelial growth factor (VEGF) and angiopoietin (31).

Overproduction of ROS is necessary but not sufficient to induce malignancy. Free radicals readily attack all classes of biomolecules (proteins, DNA, unsaturated fatty acids) and cause toxic and/or mutagenic effects. In reaction with DNA, ROS induce base-oxidation and deamination, base loss, single and double-strand breaks, crosslinks, deletion, mutation, translocation. The consequences of oxidatively damaged DNA are transcription blockage, replication errors and genomic instability, which is the first step in process of mutagenesis, carcinogenesis and aging (32). Deteriorated protein's primary structure by ROS causes modification and loss of some amino acids, formation of S-S bridges and carbonyl groups, aggregation and fragmentation, increased proteolytic sensitivity, loss of catalytic function and changes in secondary and tertiary protein structure, affecting their viscosity and charge (33). Changed secondary and tertiary protein structure can induce cell death. Protonated  $O_2^{\bullet-}$  form, perhydroxyl radical ( $HO_2^{\bullet}$ ,  $pK_a=4.7$ ) can abstract bis-allylic  $H^+$  from polyunsaturated fatty acids (PUFA) and triggers LPO, unlike  $O_2^{\bullet-}$  itself. Hydrogen peroxide produced in the reaction of  $O_2^{\bullet-}$  dismutation by SOD, easily diffuses through cellular membranes and precedes the production of the most potent hydroxyl radical ( $HO^{\bullet}$ ) by its homolytic cleavage or through Fenton reaction. Conversion of  $H_2O_2$  into water is catalyzed by CAT primarily and glutathione peroxidase (GPx). If the production of  $H_2O_2$  overwhelms the activity of CAT and GPx, it can participate in Fenton-like reactions together with transitional metals, such as  $Fe^{2+}$  or  $Cu^{1+}$ , giving rise to toxic  $HO^{\bullet}$  that imposes mutagenic effect in reaction with DNA (34). Initiation, propagation and termination of LPO comprise the formation of PUFA radical (PUFA $^{\bullet}$ ), alkyl peroxy (PUFA- $OO^{\bullet}$ ), alkoxy (PUFA- $O^{\bullet}$ ) and alkyl hydroperoxides (PUFA-OOH), which undergo-scission reactions or intramolecular cyclisation, followed by the decomposition into carbonyls (including MDA) (35, 36). Malondialdehyde is highly cytotoxic and it has been confirmed as a potent enzymes inhibitor, tumor promoter and co-carcinogenic (37).

Increased activity of CAT in TMP suggests a pivotal role of this enzyme against OS. The higher SOD and CAT activities, seen in melanoma patients, corresponded to ROS overproduction (increased  $O_2^{\bullet-}$ ) and

LPO (increased MDA), confirming that melanoma is OS-associated disease (38).

Redox status differs across body organs/tissues due to anatomical, blood supply status and other specificities (25). Sander et al. (39) reported on significantly elevated antioxidant enzymes (CAT, SOD) activity and MDA level in malignant tissues of melanoma patients. They were the first who found the correlation between melanoma and MDA in human skin *in vivo*.

Schadendorf et al. (40) reported on statistically elevated serum Mn-SOD activity in all clinical stages of melanoma, compared with controls ( $p < 0.005$ ), while in our study Mn-SOD activity was significantly higher only in stage IV compared with control group (Figure 3).

In line with our results regarding OS development in melanoma patients are findings of other authors. Accordingly, Gadjeva et al. (22) documented significant increase of plasma MDA and CAT activity in melanoma patients, as we found too, but significantly low CuZn-SOD activity if compared with healthy controls. Interestingly, they showed that plasma MDA levels decreased after the surgery (removal of melanoma tissues) indicating melanoma tissue as a significant ROS producer, though activities of SOD and CAT remained the same, as before the surgery. Mantovani et al. (41) emphasized that OS development is associated with insufficient antioxidative capacity in different types of cancer, reporting on ROS overproduction, significantly elevated CuZn-SOD (but not affected tSOD activity) and reduced GPx activity (42).

Positive correlation between tSOD and CAT activity was confirmed in the early stage patients

(stage I+II). It appears logical, because CAT follows SOD catalyzed production of  $H_2O_2$  (during  $O_2^{\bullet-}$  dismutation). Negative correlations between  $O_2^{\bullet-}$  and antioxidative enzymes: tSOD, Mn-SOD and CAT allude to other  $O_2^{\bullet-}$  sequestration pathways that predominantly occurs, than dismutation by tSOD and Mn-SOD. This finding is in accordance with reports on  $O_2^{\bullet-}$  and nitrogen monoxide radical reaction, when harmful peroxynitrite is generated, which is three times faster than  $O_2^{\bullet-}$  dismutation by SOD (43).

The observed changes in MDA and  $O_2^{\bullet-}$  levels as well as the altered serum activities of the antioxidant enzymes such as SOD and CAT in melanoma patients, confirmed that melanoma is OS associated disease. Deteriorated cell functioning at mitochondrial level was confirmed by elevated Mn-SOD activity in IV stage compared to early and middle stages (this may be explanation why despite the increase in enzymatic activity, the disease continues to develop). Taken together, the results of our study could be useful in assessing the defense system in melanoma patients and for better understanding the role of OS in melanoma progression.

The main limitation of this study include small number of melanoma patients in late melanoma stage (IV group), that is expected because of high mortality rate.

### Conflict of interest statement

The authors declare that they have no conflicts of interest for this work.

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