

Jugoslav Med Biohem 25: 54, 2006

*Naučna konferencija
Scientific Conference*

**EFFECT OF L-METHIONINE
AS HEPATOPROTECTIVE AGENTS
ON POLYAMINE METABOLISM
IN EXPERIMENTAL CHOLESTASIS**

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Summary: Cholestatic liver diseases result from the intrahepatic accumulation of hydrofobic, toxic bile acids (BA). Toxic BA induces increased cell-membrane fluidity and apoptosis hepatocytes. Spermine, spermidine and putrescine are endogenous polyamines essential for cellular growth, proliferation, regeneration and differentiation. The amino acid L-Methionine (L-Met) is required for the biosynthesis of polyamines. The aim of the study was to examine the effect of L-Met on polyamine metabolism in cholestatic livers of rats. Wistar rats were divided into 3 groups: I-control (sham operated), II-bile duct ligated (BDL) rats, III-BDL rats treated with L-Met (50 mg/kg BW). The animals were killed after 9 days' treatment. Administration of L-Met reduces the concentration and activity of biochemical's markers of cholestasis plasma (bile acids, bilirubin and GGT, AF, ALT) ($p < 0.001$). Cholestasis in rats' liver decreases activity of arginase (18.8 ± 1.6 vs. 25.1 ± 1.4 $\mu\text{mol/mg prot.}$) and increased the production of citrulline and nitric oxide (3.14 ± 0.17 vs. 1.66 ± 0.07 $\mu\text{mol/mg prot.}$ and 6.9 ± 1.1 vs. 2.7 ± 0.9 nmol/mg prot.), compared with sham operated rats ($p < 0.001$). Nitric oxide inhibits the activity of ornithine decarboxylase (ODC) and decreases level of polyamines in cholestatic liver injury. Cholestatic liver has reduced polyamine polyamine biosynthesis (spermine – 520 ± 6.1 vs. 693 ± 6.3 nmol/g, spermidine – 683 ± 8.3 vs. 885 ± 9.1 nmol/g and putrescine – 95 ± 4.1 vs. 160 ± 4.7 nmol/g; $p < 0.001$), in relation to sham operated rats. Cholestasis decreases catabolism in rats' liver (PAO and DAO activities) (1.08 ± 0.06 vs. 1.94 ± 0.16 U/mg prot. and 1.1 ± 0.07 vs. 1.8 ± 0.09 U/mg prot; $p < 0.001$), compared with control. Administration of L-Met in BDL rats prevents heavy disorders of polyamine biosynthesis and catabolism in liver ($p < 0.001$). L-Met is important for the regulation of polyamine metabolism and exerts hepato-protective properties in cholestasis.

Key words: polyamines, cholestasis, L-Methionine, liver

**EFEKTI L-METIONINA
KAO HEPATOPROTEKTORA
NA METABOLIZAM POLIAMINA
U EKSPERIMENTALNOJ HOLESTAZI**

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Kratak sadržaj: U holestazi, intrahepatično nakupljanje hidrofobnih, toksičnih žučnih kiselina (BA) dovodi do oštećenja jetre. Toksične BA izazivaju povećanje propustljivosti ćelijske membrane i apoptozu hepatocita. Spermin, spermidin i putrescin su endogeni poliamini neophodni za rast, proliferaciju, regeneraciju i diferencijaciju ćelija. Aminokiselina L-metionin (L-Met) je neophodna za biosintezu poliamina. Cilj ove studije je da se ispituju efekti L-Met na metabolizam poliamina u jetri pacova sa holestazom. Wistar pacovi su bili podeljeni u 3 grupe: I-kontrola (lažno operisane životinje), II-pacovi sa podvezanim ductus choledochusom (BDL pacovi), III-BDL pacovima je oralno davan L-Met (50 mg/kg TM). Životinje su žrtvovane posle 9 dana eksperimenta. Davanje L-Met pacovima sa holestazom smanjuje nivo i aktivnost biohemijskih markera holestaze u krvnoj plazmi (žučnih kiselina, bilirubina i GGT, AF, ALT) ($p < 0,001$). U jetri pacova sa holestazom dolazi do sniženja aktivnosti arginaze ($18,8 \pm 1,6$ vs. $25,1 \pm 1,4$ $\mu\text{mol/mg prot.}$) i povećanog stvaranja citrulina i azot-monoksida ($3,14 \pm 0,17$ vs. $1,66 \pm 0,07$ $\mu\text{mol/mg prot.}$ i $6,9 \pm 1,1$ vs. $2,7 \pm 0,9$ nmol/mg prot.), u odnosu na lažno operisane životinje ($p < 0,001$). Azot-monoksid inhibira aktivnost enzima ornitin dekarboksilaze (ODC) i tako smanjuje nivo poliamina u oštećenoj jetri u holestazi. U uslovima holestaze u jetri dolazi do smanjene biosinteze poliamina (spermin- $520 \pm 6,1$ vs. $693 \pm 6,3$ nmol/g, spermidin- $683 \pm 8,3$ vs. $885 \pm 9,1$ nmol/g i putrescin- $95 \pm 4,1$ vs. $160 \pm 4,7$ nmol/g; $p < 0,001$), u odnosu na lažno operisane životinje. U jetri pacova sa holestazom dolazi do pada katabolizma poliamina (aktivnosti PAO i DAO) ($1,08 \pm 0,06$ vs. $1,94 \pm 0,16$ U/mg prot. and $1,1 \pm 0,07$ vs. $1,8 \pm 0,09$ U/mg prot; $p < 0,001$), u odnosu na kontrolne pacove. Aplikovanje L-Met pacovima sa podvezanim ductus choledochusom onemogućava značajan poremećaj u biosintezi i katabolizmu poliamina u jetri ($p < 0,001$). L-metionin je značajan za regulaciju metabolizma poliamina i pokazuje hepato-protektivno dejstvo u holestazi.

Ključne reči: poliamini, holestaza, L-metionin, jetra